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Volume 10

Number 5 *The Iowa Homemaker* vol.10, no.5

Article 10

1930

Developing the You-ness of You

Grace Hoover

Iowa State College

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Recommended Citation

Hoover, Grace (1930) "Developing the You-ness of You," *The Iowa Homemaker*: Vol. 10 : No. 5 , Article 10.

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GIRLS' 4-H CLUBS

Club Work Is Glorifying the Iowa Farm Girl

Clara Austen



Isn't It Wonderful?

I was talking with a 4-H girl the other day and she was telling me about her home club.

"My mother just wrote me," she said, "that a certain girl in our club has been elected president. I was surprised. When this girl joined the club, she was so shy and bashful that she couldn't even get up in meeting and make a motion. Now she is president."

"There is another girl in our club—she was terribly bashful, too. Now she is county president, and she is in everything in high school that there is to be in. And it's club work that has done it."

She was right. 4-H clubs do develop confidence, poise and leadership in their girls. To me that is one of their greatest contributions.

I have seen dozens of examples of girls whom 4-H clubs have helped to develop. I know one girl who had never had a high school education. She had had little opportunity to mingle with other girls, and she was shy about appearing before people. She was industrious, tho, and eager to learn, and after a year or two in club work and a few months at Ames on a Homemaker's Course (awarded for her club record) there developed a girl who could scarcely be recognized as the same one who had started in club work a few years before. Now she is a lovely mistress of a new home—going about her work with poise, confidence in her ability and leadership in her community.

Club work has done it. It is doing the same thing over and over again every day in every township, county and state where 4-H clubs exist.—H. M.

Tea Opens 4-H Season

The annual "Hello Tea," to which all 4-H girls on the campus are cordially invited, will open the social season for the Campus 4-H Club. The tea will be held some time during October and will be featured by the introduction of members of its own "Hall of Fame" who have been outstanding club workers in their own counties. A roll call of the counties represented will be taken and committees appointed for the new year.

Danish Girls Study 4-H Work

Here is another feather in the cap of the Iowa 4-H girl! When the country of Denmark decided to present to its rural boys and girls a program of 4-H club work, it studied the different organizations in the United States—and determined to pattern its organization after that of Iowa. Following this decision, Miss Ulla Christensen, a Danish club pioneer, came to Iowa five years ago and visited clubs thruout the state in order to get "pointers" for the new venture in Denmark.

The organization work among Danish boys and girls is still going on, according to Miss Haren Harrekilde, instructor in home economics in Copenhagen, Denmark, who is on the campus this fall, studying Iowa 4-H club work.

Miss Harrekilde spent a week in Dallas County working with the Home Demonstration Agent, visiting clubs and talking with Farm Bureau women and club girls. She recently visited the National Dairy Cattle Congress at Waterloo, and there attended her first club banquet.

Iowa Clubs Honored

This is the second year that Iowa has been privileged to send a girl and boy to the National Leadership School at Springfield, Mass. Martha Ann Isaacs, Jones County club girl, was chosen this year to represent the 4-H girls of Iowa. The Leadership School, which lasts for two weeks, was founded five years ago, but only representatives from the New England states attended. From year to year other states were asked to send delegates, and in 1929 both Iowa and Minnesota were privileged to take part in the school.

Melton Attends Conference

When the American Country Life Association held its annual conference at Madison, Wis., Oct. 7 to 9, the 4-H girls of Iowa were represented by Helen Melton, Cherokee County, former president of the Campus 4-H Club.

Helen, a junior at Iowa State College last year, is now teaching school, but was relieved that she might attend the conference. Helen is president of the Student Section of the Country Life Association, of which fact Iowa is very proud. The student plans for the conference were outlined by Helen in the last issue of Rural America, the monthly publication of the association.

"The 4-H Club is an organization of service; it learns not for itself, but to teach what it knows to others."

Developing the You-ness of You

By Grace Hoover, Y. M. C. A. Secretary

I KNOW a secret about your roommate. Deep within her she is sure that she could be an ideal person—that there is within her hidden power and loveliness and beauty that no one has looked quite far enough to find. She is sure that if these could be released she would be her "giant self." Sometimes during midquarters or at home she believes her environment is against her,

but in honest moments she knows it is something else and asks secretly, "How can I get out of the noisy sickroom of myself?"

Jealousies, self-pity, irritation, a sense of inferiority do make a sickroom of self, but all these ills are better understood when we recognize the demands we make on life. There are certain things in life we demand. When these do not

come to our satisfaction we substitute something that will bring a near result. We need to discover also that each of us does the best she knows how up to date in fulfilling these demands. If Mary always gets what she wants by "losing her temper," that way works, therefore she should not be blamed for her technique. It is the best way she knows at (continued on page 16)

Care for Linoleum

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show how the light would affect its appearance at different hours of the day and to see whether we would like to live with this color. Blue-green curtains of drapery oil cloth, bound with orange bias tape, are colorful and practical. The walls are now painted a soft cream, one part cream paint with one part French gray. A map to which we refer frequently was set in the wall and given enough coats of clear shellac to protect it. This added just enough yellow to make the blue water appear the blue green of the curtain, the land became cream like the walls and the red railroad lines became the brick color of the floor.

The care of such a floor is a joy, if you avoid the kinds having the pattern brought out by depressed lines, which, of course, are hard to keep clean. A little gasoline on a cloth may be used more conveniently than soap and water, but must be used with care if an open flame is being used in the room. A thin coat of transparent lacquer will prevent grease spots. Wax, applied very thin, may be used as on any other floor if thoroughly polished to prevent slipping.

A left-over piece of linoleum, cemented to a working surface that receives hard wear, will not be injured by the heat of utensils placed on it.

The You-ness of You

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the moment to express herself. The third discovery about ourselves is that our repair kits are within; we have resources within us to realize all of these demands in normal ways. The lock of the kit is released only as we come into an understanding of our needs and determine to have, at any cost, the fullest life.

One of the demands of life is security. It is this desire for security that makes

Jane seek out some member of an eight o'clock with whom she can walk to a nine o'clock day after day. Marie, who is home-sick, has had security all her life, and now since she is away from home and high school friends she is unhappy. However, Jean, who will graduate in June, has discovered that the greatest sense of security has come to her by betting her life on the happiness of the other girls.

Recognition is another demand. Gertrude "goes out" for everything and becomes a victim of over-activity, while Marie, who hasn't discovered a better way, succeeds in being recognized by dressing conspicuously.

One of the great demands of life is friends of all ages among men and women. Sally has never learned the skills of friendship, so to satisfy her desire for companionship she clings to one of the senior girls and makes unreasonable demands upon her time and affection. For the same reason Margaret cultivates a small group of friends, and Edith gives up one friend for another to suit her different moods.

It is not the demands for security, recognition, friendship, self-expression, responsibility and independence that make us dissatisfied with our living, but the immature ways in which we try to satisfy these normal demands. I have said the repair kits are within ourselves. All of us have experienced in a crisis that we have physical reserve which we seldom touch. Most professors are certain that we have mental reserves, which, if called upon, would make us think creatively and not memorize complacently. So in this realm of the spirit there are resources of power and loveliness and beauty that if drawn upon more wisely and more deeply will carry us out of the noisy sick room of ourselves and set us on the high adventure of being "persons in the process of becoming."

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